Wellness & Safety Tip
From the Office of Student Oversight
The cold weather is upon us!! This is what scientists tell us about cold weather and beverages:
Staying hydrated with water is one of the best things to do when you are going to be out in the cold. Your body tolerates cold much better if a good water balance is maintained.
This is the season for parties and celebrations of all sorts, but keep this in mind: While a warm beverage will indeed raise your core temperature and help you withstand a chill, alcohol drops the body temperature. If you’re out in the cold, it is one of the worst things you can drink.
Stay safe and warm during the Holidays.

Phlebotomy Training
Investment: $1,400
Course Details: 9 Weeks/192 Hours of hands-on learning that prepares students for this in demand health sciences career. Phlebotomists are proficient in venipuncture and blood draw micro-collection techniques.
Upcoming Schedule:
Harrison Campus: January 9 - March 8
Mt. Pleasant Campus: February 13 - April 11
Harrison Campus: April 18 - June 14
Mt. Pleasant Campus: May 15 - July 14

Certified Nurse Aide Training
Investment: $1,600
Course Details: 7 Weeks/120 Hours of hands-on learning that can transfer across state lines.
Upcoming Schedule:
Mt. Pleasant Campus: January 23 - March 14
Harrison Campus: March 6 - April 13
Mt. Pleasant Campus: May 8 - June 28
Harrison Campus: May 22 - June 30

College Visits
Northwood University
Tuesday, December 13
10:00 a.m. - 2:00 p.m.
Harrison - 2nd floor hallway near room 251 across from bookstore

Northwood University
Tuesday, December 13
2:00 - 6:00 p.m.
Mt Pleasant - CLAB hallway across from room 168

Bellevue University
Thursday, December 15
10:00 a.m. - 2:00 p.m.
Harrison - SOAR lobby

Bellevue University
Thursday, January 5
10:00 a.m. - 2:00 p.m.
Harrison - SOAR lobby

Bellevue University
Thursday, January 12
10:00 a.m. - 2:00 p.m.
Harrison - SOAR lobby

CMU STEP Advisor
Thursday, January 12
10:00 a.m. - 2:00 p.m.
Mt. Pleasant - CSS hallway near bookstore
STEP Workshop/Advising also available 12:00 - 1:00 in Doan 125

Attention PTA Students
Applications to start the PTA Program in August 2017 are due March 1, 2017.
Please complete the online application.
Go to https://www.midmich.edu/pta
Click on “Application & Selection” in the menu
Click on Step 3 to access the application
Email pta@midmich.edu with questions.

Attention MRI Students
MRI Program applications are due no later than February 1st.
The application is now in electronic format and available at the following link:
MRI- https://www.midmich.edu/academics/programs-of-study/health-sciences/mri/application-selection
Questions?
Contact LouAnn Goodwin
(989)386-6646
lrgoodwin@midmich.edu

Attention Radiography Students
Program applications are due no later than March 1st.
The applications are now in electronic format and available at the following link:
Radiography- https://www.midmich.edu/academics/programs-of-study/health-sciences/rad/application-selection
Questions?
Contact LouAnn Goodwin
(989)386-6646
lrgoodwin@midmich.edu

Find the Laker Wave on MMCC’s home page. Go to “About Us” and click on “News and Media” for the Laker Wave link.