

## Health Requirements for Nursing Students in the Clinical Setting

It is the student's responsibility to maintain current health records via Corporate Screening/ACEMAPP. Incomplete or expired health records, BLS or TB test will deem the student ineligible to attend the clinical setting. The student is expected to maintain a satisfactory level of mental and physical stability to enable a safe and competent level of functioning. It is the student's responsibility to inform the College of any aid required to meet the outcomes of the nursing program.

### Health Assessment Record File

1. Students are expected to maintain a Health Assessment Record File electronically on Corporate Screening/ACEMAPP. If the file isn't complete and current, the student will be dismissed from clinical and not allowed to continue until the file is complete. Incurred absences may result in failure to meet clinical course objectives.
2. File to include:
  - a. Health Assessment Form (Physical)
  - b. Immunization Record
  - c. Record of annual TB test
  - d. Record of Hepatitis Vaccine
  - e. BLS certification card
3. A Health Assessment (Physical) must be obtained at the student's expense and completed by a health care provider, who is a licensed physician, licensed Nurse Practitioner or licensed Physician Assistant. The assessment must be current within 2 months prior to beginning the first clinical course. The health assessment is to be documented on the "Health Care Form" that is included on Corporate Screening
4. Immunizations: Nurses and nursing students are at risk for increased exposure to certain preventable infectious diseases and other health hazards. It is important for nurses to be immunized properly for protection against these diseases and for prevention of their spread among clients in the hospitals and clinics. In addition, nurses must rigidly adhere to special precautions in order to minimize risks. All nursing students must provide proof of immunity for those immunizations required on the Health Assessment Record. Students should discuss their immunization status and the advisability of receiving these immunizations with their health care provider. Titers are acceptable.

**The Michigan Department of Community Health makes the following vaccine recommendations for health care workers.**

#### **A. Measles (Rubeola), Rubella, and Mumps**

Laboratory evidence of measles immunity, or documentation of two doses of MMR given at or after 12 months of age and one other dose given at least one month later, may be submitted to fulfill the Rubella, Rubeola and Mumps requirements. However, if vaccination of measles was received between 1963-67 (an inactivated vaccine) the vaccine was ineffective and will require re-vaccination. If documentation shows only one MMR at or after 12 months old, one additional MMR is required. If MMR occurred prior to 12 months of age, they should have that dose repeat immunization.

### **B. Varicella**

History of chickenpox is acceptable if disease is verified by medical documentation. Uncertain or no history of chickenpox requires documentation of an immune titer or two doses of Varivax.

### **C. Hepatitis B**

Previous Hepatitis B vaccination series with at least three vaccinations, immunization dates and anti-HBs titer results (proof of immunity).

### **D. Tetanus, Diphtheria, and Pertussis**

Record of current tetanus diphtheria (Td) vaccine or one dose of Adacel (Tdap) within the past ten years.

**E. TB** – TB screening is done at least annually. If TB skin test is known to be positive, complete the TB Symptom Survey annually with physician. Chest X-ray is required if tested positive for TB. New positives are evaluated by their County Health Department.

5. TB Skin Test: Must be repeated **annually** and a statement of negative results uploaded to Corporate Screening prior to the beginning of the first clinical course and annually prior to expiration dates. Students with a history of positive TB skin tests must present documentation of current status. If a student is found to have an expired TB skin test, that student will be removed from the clinical practicum immediately. **It is the student's responsibility to remain current in their TB skin testing requirements.**
6. Temporary conditions which a student may experience during the clinical courses requires that the student inform the faculty whenever such conditions may exist. The student must inform the faculty whenever a temporary condition may impact their attendance in clinical. A student will require physician clearance to return to the clinical setting.
7. Basic Cardiac Life Support (BCLS)--(Health Care Provider Course): BCLS instruction may be offered through Mid Michigan College for all students. BCLS cards may be updated through an offered course at Mid. **It is the student's responsibility to remain current in their BCLS requirements throughout the entire nursing program.** Failure to keep BCLS current will result in student forfeiting their clinical experience, resulting in failure of the course.